



## CORONARY CTA PATIENT PREPARATION INSTRUCTIONS

1. Do not eat or drink 4 hours prior to your scheduled scan time due to the injection of contrast (x-ray dye) we will be introducing into your system.
2. No smoking prior to the exam (up to 12 hours)
3. No caffeine prior to the exam (up to 12 hours)
4. No exercise or activity prior to the exam that will raise your heart rate.
5. If you have taken Viagra, Cialis or Levitra within the last 72 hours or 3 days we will not be able to administer medications that will lower your heart rate. Please contact the CT technologist at our facility by calling 503.399.1262 if you are taking Viagra, Cialis or Levitra.
6. If you are taking medications for atrial fibrillation or cardiac antiarrhythmia such as Amiodarone Therapy, Diltiazem, Verapamil, Digoxin, Flecainide, Procainamide or Dofetilide we may not be able to administer medications that will lower your heart rate. Please contact the CT technologist at our facility by calling 503.399.1262 if you are taking these medications or are unsure.
7. You will receive two medications, *Metoprolol* and *Nitroglycerin*, to decrease your heart rate and open up your vessels to provide better quality imaging. Although you may feel normal when you leave, these medications may still have affects for the next 14 hours. Your balance may be affected and sudden position changes may make you feel lightheaded and dizzy. SRC recommends that you have a driver who can take you home following the exam or we can make arrangements for you to travel by taxi.